Female Sexual Function Index (FSFI)

Subject Identifier _____ Date _____

INSTRUCTIONS: These questions ask about your sexual feelings and responses during the past 4 weeks. Please answer the following questions as honestly and clearly as possible. Your responses will be kept completely confidential. In answering these questions the following definitions apply:

Sexual activity can include caressing, foreplay, masturbation and vaginal intercourse.

<u>Sexual intercourse</u> is defined as penile penetration (entry) of the vagina.

<u>Sexual stimulation</u> includes situations like foreplay with a partner, self-stimulation (masturbation), or sexual fantasy.

CHECK ONLY ONE BOX PER QUESTION.

<u>Sexual desire</u> or <u>interest</u> is a feeling that includes wanting to have a sexual experience, feeling receptive to a partner's sexual initiation, and thinking or fantasizing about having sex.

- 1. Over the past 4 weeks, how often did you feel sexual desire or interest?
 - <u>Ц</u>
- Almost always or always
 - Most times (more than half the time)
 - Sometimes (about half the time)
 - A few times (less than half the time)

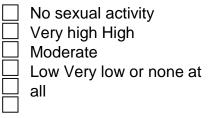
Almost never or never

2. Over the past 4 weeks, how would you rate your **level** (degree) of sexual desire or interest?

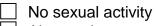
Very high High
Moderate
Low
Very low or none at all

Sexual arousal is a feeling that includes both physical and mental aspects of sexual excitement. It may include feelings of warmth or tingling in the genitals, lubrication (wetness), or muscle contractions.

- 3. Over the past 4 weeks, how often did you feel sexually aroused ("turned on") during sexual activity or intercourse?
 - No sexual activity Almost always or always Most times (more than half the time) Sometimes (about half the time) A few times (less than half the time) Almost never or never
- 4. Over the past 4 weeks, how would you rate your level of sexual arousal ("turn on") during sexual activity or intercourse?



- 5. Over the past 4 weeks, how **confident** were you about becoming sexually aroused during sexual activity or intercourse?
 - No sexual activity
 - Very high confidence High
 - confidence
 - Moderate confidence
 - Low confidence
 - Very low or no confidence
- 6. Over the past 4 weeks, how **often** have you been satisfied with your arousal (excitement) during sexual activity or intercourse?



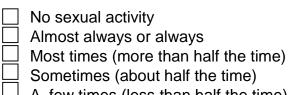
Almost always or always

Most times (more than half the time)

- Sometimes (about half the time)
 - A few times (less than half the time)

Almost never or never

7. Over the past 4 weeks, how **often** did you become lubricated ("wet") during sexual activity or intercourse?



A few times (less than half the time)

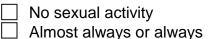
Almost never or never

- 8. Over the past 4 weeks, how **difficult** was it to become lubricated ("wet") during sexual activity or intercourse?
 - No sexual activity
 - Extremely difficult or impossible
 - Very difficult
 - Difficult
 - Slightly difficult
 - Not difficult
- 9. Over the past 4 weeks, how often did you **maintain** your lubrication ("wetness") until completion of sexual activity or intercourse?

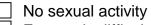
No sexual activity

- Almost always or always
- Most times (more than half the time)
- Sometimes (about half the time)
 - A few times (less than half the time)
- Almost never or never
- 10. Over the past 4 weeks, how **difficult** was it to maintain your lubrication ("wetness") until completion of sexual activity or intercourse?
 - No sexual activity
 - Extremely difficult or impossible
 - Very difficult
 - Difficult
 - Slightly difficult
 - ☐ Not difficult

11. Over the past 4 weeks, when you had sexual stimulation or intercourse, howoften did you reach orgasm (climax)?



- Most times (more than half the time) Sometimes (about half the time)
 - A few times (less than half the time)
 - Almost never or never
- 12. Over the past 4 weeks, when you had sexual stimulation or intercourse, howdifficult was it for you to reach orgasm (climax)?



- Extremely difficult or impossible
- Very difficult
- Difficult
- Slightly difficult
- Not difficult
- 13. Over the past 4 weeks, how **satisfied** were you with your ability to reach orgasm (climax) during sexual activity or intercourse?

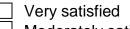


- No sexual activity
- Very satisfied
- Moderately satisfied
 About equally satisfied and dissatisfied
 Moderately dissatisfied

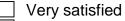
 - Very dissatisfied
- 14. Over the past 4 weeks, how satisfied have you been with the amount of emotional closeness during sexual activity between you and your partner?
 - No sexual activity
 - Very satisfied
 - ☐ Moderately satisfied
 - About equally satisfied and dissatisfied Moderately dissatisfied

 - Very dissatisfied

15. Over the past 4 weeks, how satisfied have you been with your sexual relationship with your partner?



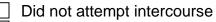
- Moderately satisfied
- About equally satisfied and dissatisfied
- Moderately dissatisfied Very
- dissatisfied
- 16. Over the past 4 weeks, how **satisfied** have you been with your overall sexual life?



- Moderately satisfied
- About equally satisfied and dissatisfied Moderately dissatisfied

 - Very dissatisfied
- 17. Over the past 4 weeks, how often did you experience discomfort or pain during vaginal penetration?
 - Did not attempt intercourse
 - Almost always or always
 - Most times (more than half the time)

 - Sometimes (about half the time) A few times (less than half the time)
 - Almost never or never
- 18. Over the past 4 weeks, how often did you experience discomfort or pain following vaginal penetration?



- Almost always or always
- ____ Most times (more than half the time)
 - Sometimes (about half the time)
 - A few times (less than half the time)
 - Almost never or never
- 19. Over the past 4 weeks, how would you rate your **level** (degree) of discomfort or pain during or following vaginal penetration?

Did not attempt intercourse
 Very high High
 Moderate
 Low
 Very low or none at all
 Thank you for completing this questionnaire

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